My name is HOP VU. I am 78 years old. I am Vietnamese. Five years ago I had a stroke and fell down. My speech is not clear and I can't walk without a walker. I spent a lot of money to see the doctor because my friend introduced me. Some doctor said I lost my balance. I was sad, and I wanted to die. I felt lonely. Not too many friends came to visit. I lived by myself.

Until I met Kittima. She is my caregiver. One year ago, we started living together like family. I don't know why she has a lot of friends, calling, talking, laughing and coming to visit. She told me, I should go with her to a Johrei meeting at the library. I went with her to receive light. I felt something warm in my head. After 2 weeks, Kittima talk to me about the center and that we have to pay rent for the library. Kittima asked, "Can you donate your house for a meeting?". I said, ok. I receive Johrei every Thursday from Rev. Nagase and friends. I felt better and my mind and my legs are stronger. And I don't feel lonely any more. I can also transfer myself from chair to chair.

Kittima told me to pray to God and Meishu-sama, and give and receive Johrei. She also said to love and help people and forget about my own condition. I asked her how can I give Johrei to other people and she told me I have to receive the Ohikari.

I thank you everyone who came to my house and brought the light to my life. Thank you Johrei.